

## Program Lesson Plan - Eat Dirt - Bellingin High School

Theme: Community

ACTIVITY	RESOURCES	SET-UP
Introduction and rundown on the day's activities		Sitting down at tables Put bags down
<b>Own the Zone -</b> <ul style="list-style-type: none"> <li>• Sweep the area</li> <li>• Collect flowers</li> <li>• Arrange flowers</li> <li>• Chop fruit</li> <li>• Pick-up rubbish</li> <li>• Clean black/white boards</li> <li>• Collect buckets</li> <li>• Arrange in circle with cushions on top</li> </ul>	<ul style="list-style-type: none"> <li>• Brooms</li> <li>• Flowers</li> <li>• Fruit</li> <li>• Chopping boards</li> <li>• Knives</li> <li>• Platters</li> <li>• Water</li> <li>• Plastic cups</li> <li>• Clay self symbols</li> <li>• Buckets</li> <li>• Cushions</li> </ul>	Everyone
Gumbaynggirr Learning	Easel for capturing the language and stories	Mentees sit at tables and chairs.
Check-in	<ul style="list-style-type: none"> <li>• Circle</li> <li>• Scale</li> <li>• Self-symbols</li> </ul>	Everyone sits in circle and gives two words about how they are feeling and places the self-symbol on the scale.
Community activity	<ul style="list-style-type: none"> <li>• Mats</li> <li>• Music</li> </ul>	Everyone is given a mat and asked to find a spot where they will not disturb anyone else.
Vegetable gardens, surrounding areas; <ul style="list-style-type: none"> <li>• Weed your vegie bed</li> <li>• Mulch between beds</li> <li>• Remove weeds from around the beds</li> <li>• Check for seedlings</li> <li>• Continue painting mural</li> <li>• Practice lighting fire</li> <li>• Show plants they propagated</li> </ul>	<ul style="list-style-type: none"> <li>• Paints</li> <li>• Gloves</li> <li>• Brushes</li> <li>• Paint containers</li> <li>• Uncle Micklo's fire kits</li> <li>• Ply x 2</li> <li>• (ask Amanda)</li> <li>• Plants they've grown</li> </ul>	These activities run simultaneously with darts which is introduced period 4.

## Program Lesson Plan Con't

ACTIVITY	RESOURCES	SET-UP
Darts and maths games	<ul style="list-style-type: none"> <li>• Darts</li> <li>• Dartboards</li> <li>• Paper</li> <li>• Pens to work out maths questions</li> </ul>	
Bush regen – trad removal	<ul style="list-style-type: none"> <li>• Gloves</li> <li>• Flagging tape</li> </ul>	<ul style="list-style-type: none"> <li>• Put flagging tape out earlier earlier to designate two zones</li> <li>• The group who clears it first wins the first challenge</li> <li>• Split group into wolves and tigers</li> <li>• Activity continues until there is a winner</li> <li>• Everyone has to participate</li> <li>• Set up journalling once they are all on task</li> </ul>
Groups choose between the three activities below		
Primal and team games	Journalling	Planting, weeding and rubbish collection
Facilitator 1 <ul style="list-style-type: none"> <li>• Yellow bucket with the gear</li> <li>• Tug of war, captain ball, tunnel ball, over and under</li> <li>• Football</li> </ul>	Facilitator 2 <ul style="list-style-type: none"> <li>• Books</li> <li>• Blanket</li> <li>• Paints etc</li> </ul>	Facilitator 3 <ul style="list-style-type: none"> <li>• Plants they've propagated</li> <li>• Trowels</li> <li>• Bamboo sticks</li> <li>• Rubbish bags</li> </ul>

- There's a five-minute break when the bell goes and mentees come back when the second bell rings.
- They have to stay within sight.